

# Crook County

## Mental Health Resources

Recursos de salud mental del condado de Crook



### MENTAL HEALTH RESOURCES

<b>Crook County Mental Health- Best Care</b>	541-323-5330	1059 NW Madras Hwy, Prineville, OR 97754	Mental health and addiction services for families, adults, and children
<b>NAMI Central Oregon</b>	<a href="http://namicentraloregon.org">namicentraloregon.org</a>	Compassion Committee (541) 316-0167 <a href="mailto:info@namicentraloregon.org">info@namicentraloregon.org</a> <i>(volunteer-staffed email and voicemail line)</i>	Support groups, educational classes, outreach

### COUNSELING OPTIONS (OHP)

\*more options available w/ internet search

<b>St. Charles Healthcare</b>	541-516-3890 - ask to schedule with Behavioral Health		
<b>Brightways Counseling</b>	541- 904-5216		
<b>Life Works of Central Oregon</b>	541- 382-8862		
<b>Mosaic Medical Behavioral Health</b>	541-383-3005		
<b>Charlie Health Online, Intensive outpatient services for teens and adults</b>	<a href="http://charliehealth.com">charliehealth.com</a>   (866)-805-5055		

### RECURSOS EN ESPAÑOL

<b>Salud mental del condado de Crook: Best Care</b>	541-323-5330	1059 NW Madras Hwy, Prineville, OR 97754	Tratamiento de adicciones y salud mental
---	--------------	--	--

# County-wide Mental Health Resources

## Recursos de salud mental en todo el condado

\*hotlines/warmlines that offer services without mandatory reporting  
 \*líneas directas/líneas de atención que ofrecen servicios sin notificación obligatoria

NAME	CONTACT INFO	HOURS	SERVICES PROVIDED
National Suicide Prevention Hotline	988	24/7	Crisis support
Crisis Text Line	Text: HOME to 741741	24/7	Immediate texting with a crisis counselor
Friendship Line	800-971-0016	24/7	Crisis line for people 60+ or people with disabilities
NAMI Oregon Helpline	800-343-6264	Voicemail line	Referral, information, and support
Oregon Youth Line	877-968-8491 Text: teen2teen to 839863	Adults 24/7 Teens 4-10pm	Confidential teen-to-teen crisis and helpline
The Trevor Project	866-488-7386 Text: START to 678678	24/7	Suicide prevention services to LGBTQ youth under 25
Veterans Crisis Line	800-273- 8255 (press 1) Text: 838255	24/7	Confidential crisis support to Veterans
Lines for Life	linesforlife.org 800-923-4357	24/7	Peers support for adults and teens in crisis
Blackline*	800-604-5841 text or call	24/7	Support, counseling, reporting for Black, Indigenous + People of Color
Trans Lifeline*	877-565-8860	24/7	Trans peer support
Wildflower Alliance*	888-407-4515 (do not leave a voicemail)	Mon-Thurs 4- 6pm Fri- Sun 4- 7pm	Support for anyone looking to connect with someone who has first-hand experience with trauma/addiction/etc.

### RECURSOS EN ESPAÑOL

NOMBRE	DATOS DE CONTACTO	HORAS DISPONIBLE	SERVICIOS PRESTADOS
Línea Directa Nacional de Prevención del Suicidio	988	24/7	Apoyo en crisis
Línea de crisis por texto	Textea AYUDA para Espanol	24/7	Mensajes de texto inmediato con un consejero de crisis.
Alianza de flores silvestres*	888-407-4515 (no dejes un mensaje de voz)	Lunes - Jueves 4- 6pm Viernes - Domingo 4- 7pm	Apoyo para cualquier persona que busque conectarse con alguien que tenga experiencia de primera mano con trauma/adicción/etc.